

**Northfield Township Community & Senior Center**  
**Monthly Report**  
**April 2018**  
**Tami Averill, Director**

**I. April Overview**

I spent a great deal of April dealing with the sewer back-up and flooding and the clean-up. Thank you to Dan and the Waste Water Treatment Plant crew, Steve Aynes and Bill Wagner for their help in getting things fixed, cleaned/sanitized and the Center back up and running! Their help was really appreciated! There are still some sanitizing and repairs that need to be made. Bids are being worked on.

The Senior Nutrition program continues to run smoothly. We had 12 to 22 seniors attending lunches daily during April. Lunches are served on Mondays, Wednesdays and Fridays at 12:15p.m.

THANK YOU to our Senior Lunch Volunteers – Tawn Beliger, Ann Brindle, Linda Hartley, Ernestine Hogston, Alyssa Jones, Betty Jones, Kristina Kelley, Debbie Leibert, Christine Miles, Karen Neigebauer, Donn Sleek, Chuck Steuer, Ann Thompson, and Curtis Ward. They do a great job!

Work continues with the Washtenaw County Office of Community and Economic Development on getting the Meals on Wheels portion of the program started. Progress is slow, but we continue to move forward.

A huge THANK YOU to our Community/Senior Center volunteers – Dolly Boggs, Angela Brown, George Brown, Denise Creque, Mary Devlin, Peggy Friscia, Ruth Hague, Karen Hamp, Linda Hartley, Cindy Hogston, Ernestine Hogston, Betty Jones, Alyssa Jones, Kristina Kelley & family, Phyllis Lindblade, Chris Miles, Laura Misko, Karen Neigebauer, Margaret Riddell, Shirley Samp, Donn Sleek, Ann Thompson, Curtis Ward, Linda and Terry Webb - for the work they contributed in April. Their hard work and dedication is always appreciated.

Program planning continues. New program and event offerings are always being worked on.

I continue to attend and keep minutes for the Parks & Recreation Board meetings. The next meeting is scheduled for May 17 at 7:00p.m.

I continue to serve on Whitmore Lake Health Equity Team. Meetings take place at the Community Center. The next meeting is scheduled for May 9 at 9:00a.m.

I stay busy each day assisting patrons with a variety of issues, questions and concerns.

**II. Program Evaluation**

**a. On-Going Services**

Lisa Abrams continues to offer reflexology sessions and therapeutic foot baths. She had no participants here during April.

Dr. Anthony Mastrogiacomo from South Lyon Foot & Ankle Specialists continues to offer senior foot care every other month. His next visit is scheduled for May 31.

The Medical Loan Closet continues to be available to the community. Six items were loaned in April. We received donations of a bedside commode, a walker, Depends, and several miscellaneous items. We are in need of donations of shower seats and benches, transfer benches and 4-wheeled walkers with seats.

Acupuncture therapy continues to be popular, with 10 to 20 people participating at each session in April. Licensed Acupuncturist, Ron Hough, is at the Center from 4:00p.m. to 6:00p.m. for walk-in visits on Thursday afternoons.

**b. Classes**

Chair Yoga (8-10 participants/week in April) continued on Tuesdays.

Gentle Yoga on Wednesday evenings has 6 to 9 participants each week in April.

Exercise with Becky had 6 to 8 participants at each of her two weekly sessions in April.

Tai Chi has 4 participants for the new 8-week session that began on April 3.

MAH Fitness begins a new 10-week session on May 17.

The Primitive Rug Hooking class is currently on a break.

Meditation class has four people participating each week.

Line Dancing class had 6 to 8 participants each week in April.

"Baby & Toddler Signing and Stories" with Christine Felton currently has 3 families (total of 6 children and 4 adults) participating in this first 16-week session.

Five people participated in the Acrylic Painting class. Each participant completed a still life of spring flowers in a vase.

**c. On-Going Activities**

Pinochle continues every Tuesday and Thursday afternoon. Attendance is consistent at 6 to 12 players per day each week.

Ladies Night Euchre began in April. Fourteen ladies attended the organizational meeting. Eight ladies are currently participating on Thursday evenings. Friday afternoon is working to build a base of participants.

Mah Jongg Mondays continue with 4 to 5 people participating each week in April. Three to four people have been playing on Wednesdays.

The Knit, Crochet, Craft group meets every Friday from 11:30a.m. to 1:30p.m. 2 to 3 people attended each week.

The Whitmore Lake Portrait Group is in every Monday afternoon. Ten to twelve artists attend each week. The art gallery that showcases their art continues to be popular with our guests. The portraits in the gallery were recently changed. Stop in and check it out!

Kiwanis continues to hold their regular meetings and Board meetings at the Community Center.

The Whitmore Lake Elementary School Kindergarten Daisy Troop #40111 meets at the Center two Mondays each month. 11 Scouts and 8 to 10 adults attend each meeting.

The Whitmore Lake Elementary Girls Scouts met at the Community Center twice in April. They made “swaps” for their upcoming camp trip during one visit (Approximately 20 girls and 10 adults). Their second visit was for crafts and a “Mother’s Day Brunch.” (20 girls and 20 adults)

#### **d. Special Events**

Our ongoing project to crochet sleeping mats out of plastic grocery bags continues. Five to eight people participated each week in April. We currently have 7 completed mats, with 4 more being worked on. Completed mats will be donated to Coventry Community Care at the end of May for distribution to the homeless in Washtenaw County and Southeast Michigan. Participants do not need to know how to crochet. Help is needed to sort and flatten out the bags, cut them into strips, tie the strips together and roll them into balls. The group has decided to take a summer break, beginning June 1 and will resume their work in September.

A speaker from Meridian Healthcare did a presentation about the programs and services that they offer for those with low incomes and on fixed incomes. Twelve people attended.

Thirteen of our seniors enjoyed a trip to Frankenmuth for a special lunch and a Ragtime Piano Concert on April 17.

Twelve people joined us for Pizza & a Movie on April 27. Everyone enjoyed socializing and watching “Finding Dory.” A huge THANK YOU to Marco’s Pizza, for helping to sponsor this monthly event!